METROPOLITAN POLICE
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BROMLEY YOUTH POLICING

SAFER INTERNET DAY 2014
TUESDAY 11 FEBRUARY

Useful information

For Parents & Carers

www.saferinternet.org.uk

UK Safer Internet Centre

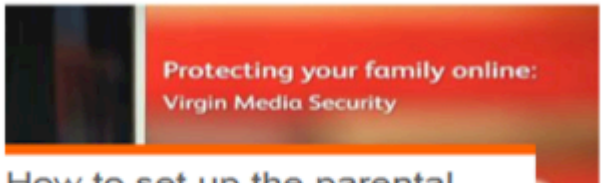
How to set up the parental controls offered by your internet provider

The 4 big internet providers in the UK – BT, Sky, TalkTalk and Virgin Media - provide their customers with free parental controls which can be activated at any time. They have come together to produce these helpful video guides to help you to download and set-up the controls offered by your provider.

How to set up the parental controls offered by BT

How to set up the parental controls offered by Sky

How to set up the parental controls offered by TalkTalk



How to set up the parental controls offered by Virgin Media

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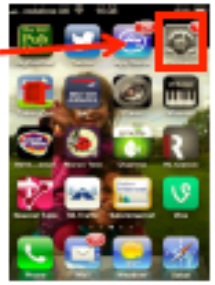
Controlling In-App Purchases

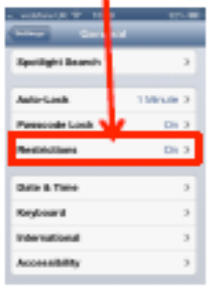
What are In-App Purchases?

Many of us use apps, on smartphones, tablets and other devices. They are incredibly useful and many are free, but some may have hidden costs that can find us receiving large bills. A recent story of a 5-year-old boy who managed to spend £1,700 in less than 15 minutes is a classic example. In-app purchases refer to users being able to buy things when using an app, often with just a single click.

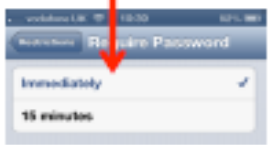
How to disable In-App Purchases

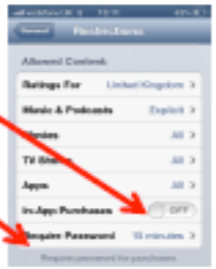


1. Click on settings.
2. Select "general".
3. Select "restrictions".



4. Type in your passcode (if using one). If not you can set this up by switching restrictions on.
5. Make sure that In-App Purchases is switched off.
6. Change the require password time from 15 minutes (which is the default) to immediately.





Instagram

What is it?

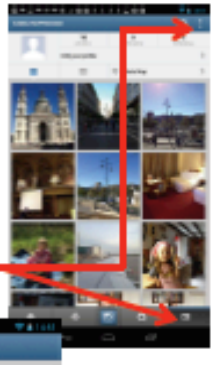
Instagram is an app which allows users (there are currently 80 million of them) to share photos with others. A photo is taken with a mobile device and then can have a filter applied in order to improve the image before it is shared.

Instagram is currently available for Android and iPhone. Photos can currently be shared immediately to Twitter, Facebook, Foursquare, Tumblr and Flickr but there are plans to make it possible to share with other services in the future.

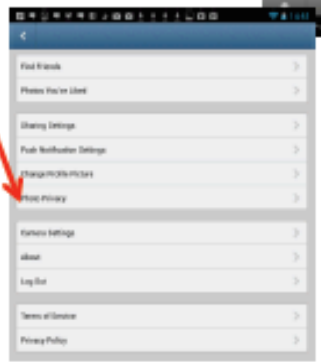
Privacy

It is important to know that **all photos on Instagram are public by default** which means that anyone who is using Instagram or visiting the Instagram website will be able to access them.

Setting privacy on an Android device – this will mean that only approved followers will be able to see your photos:



1. Click on the Instagram icon to open the app.
2. Click on the address card icon to open up your profile.
3. Click on the settings icon.
4. Scroll to the "photo privacy" option and click on it.



5. Make sure that the "photos are private" box is ticked.
6. If necessary click "Yes, I'm sure" to make photos private.

Once you have done this, you will receive a follow request every time a new user wants to see your photos and you will be able to approve or ignore this.

Twitter

What is it?

Twitter is a micro blogging social networking service which allows users to send and receive text-based posts (tweets) of up to 140 characters online. It is also possible to use Twitter's Vine app which allows users to embed a six second video into their tweet. Twitter currently has around 500 million users, of which 200 million have an active profile.

Twitter can be accessed directly through a website: www.twitter.com or by using an app which is available for different devices and platforms.

Privacy

It is important to know that **twitter is public by default and tweets are searchable unless they are protected by the user** – this means that anyone who searches for information on Twitter using an app or website will be able to find tweets.

The nature of Twitter means that many users want to share their thoughts, ideas and opinions with the world. However you may wish to control who is able to access the content that you upload and in order to do this, you need to "protect your tweets".

1. Go to your profile.
2. Click on the settings icon.
3. Choose "settings".
4. Scroll down to tweet privacy and make sure there is a tick in the box next to "Protect my Tweets".
5. Remember to save changes.

It is important to remember that followers can re-tweet protected tweets – so think carefully about who you allow to follow you! Having lots of followers may make you look popular, but is not always the safest way to use Twitter.

Online Abbreviations

- ASLP
- 53X
- WYRN
- HMS
- HSWM
- POS
- RIHAD
- Code 9 CD9
- PAW
- PM
- GNOC
- FOAD
- KMT

- Age Sex Location Picture
- Sex
- What's your real name?
- Hang myself
- Have sex with me
- Parent over shoulder
- Rot in hell and die
- Parents around
- Parent are watching
- Private Message
- Get naked on cam (webcam)
- F*** off and die
- Kiss my teeth

Common offences in relation to Cyber Bullying dealt with in Bromley schools

- Sexual Offences Act 2003
- Protection of Harassment Act 1997
- Malicious Communication Act 1988
- Protection of Children Act 1978
- Offences Against Person Act 1861

We hope that you will join with us, and SID supporters across the globe, on Tuesday 11 February 2014 – and beyond – so that we can all create a better internet together!

Safer Internet Day is celebrated across the globe

Find out more about Safer Internet Day at: www.saferinternetday.org, including links to campaign activities in your own country.

What will you do to help create a better internet?

Tell us at #SID2014.

Each year, a SID video spot is developed to promote the campaign

Want to know how to take part in SID?

You can spread the word by attending or organising an event!

- Start by registering for Safer Internet Day at *www.saferinternetday.org* and complete the online form.
- Insafe will then contact you; if you reside in one of our network countries, this contact will be from your National Awareness Centre.
- No national contact point? Then why not set up a SID Committee in your country! Contact the SID helpdesk at *SID-helpdesk@eun.org* to create your own.
- Now organise your event.

Looking for ideas?

- Post our banner / publish our press release on your website.
- Follow our Facebook and Twitter pages *twitter.com/safeinternetday* and *www.facebook.com/SaferInternetDay*.
- Read the SID 2013 campaign report summary *www.saferinternetday.org/archive*
- View the SID Kit for schools available at *www.saferinternetday.org/sidkit*
- View all the SID campaign videos on our playlist *www.youtube.com/playlist?list=PLCC14CFE92F2960FC&feature=plcp*
- View the SID generic video which showcases actions from across the Insafe network *www.youtube.com/watch?v=kvyVZfxVd4*

Don't forget to keep your National Awareness Centre or SID Committee informed so that they can valorise your actions.

For a list of your national contact points, please visit: *www.saferinternetday.org/sidnearyou*

SAFER INTERNET DAY 2014

Let's create a better internet together

11 FEBRUARY 2014

SAFERINTERNETDAY.ORG

Let's create a better internet together

SAFER INTERNET DAY 2014

TUESDAY 11 FEBRUARY

Let's create a better internet together

www.saferinternetday.org

Safer Internet Day (SID) is organised by the joint Insafe/INHOPE network, with the support of the European Commission* each February to promote safer and more responsible use of online technology and mobile devices, especially among children and young people. Celebrated on the second day of the second week of the second month, each year on Safer Internet Day hundreds of events are organised to raise awareness of online safety issues, right across the globe.

The online safety landscape has evolved over recent years from a focus on creating a 'safer' internet to creating a 'better' internet. This year's Safer Internet Day theme, therefore, looks at the responsibility that we must all take in making the internet a better place. Whether we are children or young people, parents or carers, educators or social care workers, or indeed industry, decision makers or politicians, we all have a role to play.

* Safer Internet Day would not be possible without the support of the European Commission. Find out more about the EC's 'European Strategy for a Better Internet for Children' on the Digital Agenda website – http://ec.europa.eu/digital-agenda/en/creating-better-internet-kids

Youth around the globe take an active role in SID

Better internet can mean many things to many people, but our main aim is to **foster the positive** and **eliminate the negative** online. We can contribute to these aims in many ways, regardless of who we are. For example:

Children and young people can help to foster the positive by being kind and respectful to others online, by protecting their online reputations (and those of others), and by seeking out positive opportunities to create, engage and share online. They can help to eliminate the negative by being 'helpful bystanders': supporting peers if they encounter issues online, taking a stand against cyberbullying, and reporting any inappropriate or illegal content they find. Above all, children and young people should be encouraged to take their stand as digital citizens of the future – participating in debates on internet governance and legislation, and making their voices heard.

Parents and carers can help to foster the positive by maintaining an open and honest dialogue with their children about their online lives, by supporting them with their personal development online and helping them to deal with any concerns or issues, seeking out positive opportunities to share with their children online, and helping their children to find and use good quality digital resources. They can help to eliminate the negative by monitoring and supporting their child's online activity (as appropriate to their age), by modeling positive online behaviours themselves, and by also reporting any inappropriate or illegal content they find.

Educators and social care workers can help to foster the positive by equipping children and young people with the digital literacy skills they require for today's world, and giving them opportunities to use – and create – positive content online. They can help to eliminate the negative by supporting youngsters if they encounter problems online, and by giving them the confidence and skills to seek help from others.

Industry has a role to play by creating - and promoting - positive content and services online, developing ethical and transparent policies, and protecting our data. They can help to eliminate the negative by making systems and services more secure by design, by being more responsive to user concerns, and by providing quick and easy access to support if things do go wrong.

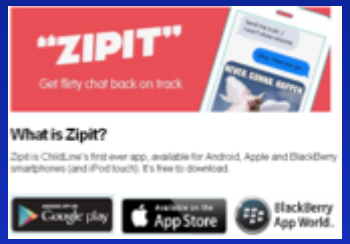
Decision makers and politicians need to provide the culture in which all of the above can function and thrive – for example, by ensuring that there are opportunities in the curriculum for children to learn and teachers to teach about online safety, ensuring that parents and carers have access to appropriate information and sources of support, and that industry are encouraged to self regulate their content and services. They must also take the lead in governance and legislation, and ultimately ensure the safety and wellbeing of children and young people through effective child protection strategies for the online world.

Many new resources are produced for SID, often through public-private partnerships

Please note:

Videos and materials found on external websites are not the property or creation of the Metropolitan Police Service however you may find their contents useful.

Useful Websites



www.saferinternet.org/tipsheets