

PICKHURST ACADEMY

Anti-Discrimination in PSHE

WHERE EVERY CHILD COUNTS

OUR CORE VALUES

We want all of our children to BE **P.I.C.K.H.U.R.S.T**

Proud

Inquisitive

Confident

Kind

Healthy

Understanding

Respectful

Successful

Trustworthy

	Racism & Discrimination	Homophobia & Transphobia	Anti-Bullying	Equal Opportunities (gender)	Disabilities
Year 3	<u>Autumn 1</u> <u>Me And My Relationships</u> L4 – How can we solve this problem? Respect L7 – Thunks Respect Tolerance L1- Friends and Family Diversity Friendship Respec t Stereotypes Tolerance Fa mily Relationships Education LGBT+ Relations hips Adoption L3 - Respect and Challenge: British Values Cooperation Falling	<u>Autumn 2</u> <u>Valuing Difference</u> L1 – Family and Friends Diversity, Respect. Toleranc e LGBT+ Relationships Ado ption L3 -Respect and Challenge British Values Cooperation Falling out Respect Teamwork Tole rance Negotiating Communi cation Relationships. L4 – Our Friends and	<u>Autumn 2</u> <u>Valuing Difference</u> L1 – Family and Friends: Diversity Friendship Respec t Stereotypes Tolerance Fa mily Relationships Education LGBT+ Relations hips Adoption L3 -Respect and Challenge: L4 – Our Friends and Neighbours: British Values Caring Community Diversity Emotional needs Identity Respect Ster eotypes Tolerance Great get together Rights LGBT+ Rel ationships	<u>Autumn 2</u> <u>Valuing Difference</u> L 1 – Family and Friends: Diversity Friendship Respec t Stereotypes Tolerance Fa mily Relationships Education LGBT+ Relations hips Adoption L3 -Respect and Challenge: British Values Cooperation Falling out Respect Teamwork Tole rance Negotiating Communi	<u>Autumn 2</u> <u>Valuing Difference</u> L1– Family and Friends: Diversity Friendship Respec t Stereotypes Tolerance Fa mily Relationships Education LGBT+ Relations hips Adoption L3 -Respect and Challenge: British Values Cooperation Falling out Respect Teamwork Tole rance Negotiating Communi

	out Respect Teamwork Tolerance Negotiating Communication Relationships L4 – Our Friends and Neighbours: British Values Caring Community Diversity Emotional needs Identity Respect Stereotypes Tolerance Great get together Rights LGBT+ Relationships L5 - Let's Celebrate Our Differences Being Different British Values Bullying Diversity Feelings Respect Support networks Tolerance Relationships Education Emotions Discrimination L6 – Zeb Being Different. Being Yourself. Self-esteem. Bullying. Caring. Diversity. Homophobic bullying. Prejudice. Racism. Social Norms. Stereotypes. Tolerance. Relationships Education LGBT+ Getting Help. Discrimination. Summer 1	Neighbours: British Values Caring Community Diversity Emotional needs Identity Respect Stereotypes Tolerance Great get together Rights LGBT+ Relationships Let's Celebrate Our Differences L5: Being Different British Values Bullying Diversity Feelings Respect Support networks Tolerance Relationships Education Emotions Discrimination L6 – Zeb Being Different. Being Yourself. Self-esteem. Bullying. Caring. Diversity. Homophobic bullying. Prejudice. Racism. Social Norms. Stereotypes. Tolerance. Relationships Education LGBT+ Getting Help. Discrimination. Summer 1 Being My Best L3 – For or against	L5 - Let's Celebrate Our Differences: Being Different British Values Bullying Diversity Feelings Respect Support networks Tolerance Relationships Education Emotions Discrimination L6 – Zeb Being Different. Being Yourself. Self-esteem. Bullying. Caring. Diversity. Homophobic bullying. Prejudice. Racism. Social Norms. Stereotypes. Tolerance. Relationships Education LGBT+ Getting Help. Discrimination. Spring 1 Keeping Myself Safe L5 – Super Searcher How to consider the effect of their online actions on others and know how to recognise and display respectful behaviour online. L6 – None of your Business That the internet can also be a negative place where	cation Relationships L5 - Let's Celebrate Our Differences: Being Different British Values Bullying Diversity Feelings Respect Support networks Tolerance Relationships Education Emotions Discrimination L6 – Zeb Being Different. Being Yourself. Self-esteem. Bullying. Caring. Diversity. Homophobic bullying. Prejudice. Racism. Social Norms. Stereotypes. Tolerance. Relationships Education LGBT+ Getting Help Summer 1 L4 - I am Fantastic Diversity, stereotypes discrimination . Discrimination.	cation Relationships L5 - Let's Celebrate Our Differences: Being Different British Values Bullying Diversity Feelings Respect Support networks Tolerance Relationships Education Emotions Discrimination L6 – Zeb Being Different. Being Yourself. Self-esteem. Bullying. Caring. Diversity. Homophobic bullying. Prejudice. Racism. Social Norms. Stereotypes. Tolerance. Relationships Education LGBT+ Getting Help. Discrimination. Summer 1 L4 - I am Fantastic Diversity, stereotypes discrimination
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	Being my best L3 – For or against Tolerance <u>Summer 1</u> <u>L4 - I am Fantastic</u> Diversity, stereotypes discrimination	<u>Respect</u> <u>L4 - I am Fantastic</u> Diversity, stereotypes discrimination	online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health.		
Year 4	<u>Autumn 1</u> <u>Me and My Relationships</u> <u>L2 L3 - Ok or Not Ok? Part 1 and Part 2</u> Respect relationships. Respect, relationships <u>L4 – Human Machines</u> Respectful relationship <u>L5 – Different Feelings</u> British values, respect. <u>L6 - When Feelings Change.</u> Diversity <u>Autumn 2</u> <u>Valuing Difference</u> <u>L1 – Can You Sort It?</u> British values, diversity, respect, to lerance, relationships. <u>L3-Friend or Acquaintance?</u> Diversity, respect, tolerance, relationships.	<u>Autumn 1</u> <u>Me and My Relationships</u> <u>L2 L3 – Ok or Not Ok? Part 1 and Part 2</u> Respect relationships. Being Yourself, self- esteem, respect, relationshi ps, emotions. <u>L4 – Human Machines</u> Respectful relationships <u>L5 – Different Feelings</u> British values, respect. <u>Autumn 2</u> <u>Valuing Difference</u> <u>L1 – Can You Sort It?</u> British values, diversity, respect, to lerance, relationships. <u>L3-Friend or Acquaintance?</u> Being yourself, respect, tolerance, relationships.	<u>Autumn 1</u> <u>Me and My Relationships</u> <u>L2 L3 – Ok or Not Ok? Part 1 and Part 2</u> Respect relationships. Being yourself, self- esteem, bullying, friendship, respect, relations hips. <u>L4 – Human Machines</u> Respectful relationships <u>L5 – Different Feelings</u> British values, respect. <u>L6 - When Feelings Change.</u> Diversity <u>L7 – Under Pressure</u> Bullying, conflict resolution <u>Autumn 2</u> <u>Valuing Difference</u> <u>L1 – Can You Sort It?</u> Conflict resolution, diversity, respect, tolerance , relationships. <u>L3-Friend or Acquaintance?</u> Self-esteem, bullying,	<u>Autumn 1</u> <u>Me and My Relationships</u> <u>L2 L3 – Ok or Not Ok? Part 1 and Part 2</u> Respect relationships. Respect, relationships. <u>L4 – Human Machines</u> Respectful relationships <u>L5 – Different Feelings</u> British values, respect. <u>Autumn 2</u> <u>Valuing Difference</u> <u>L1 – Can You Sort It?</u> British values, diversity, respect, tolerance , relationships. <u>L3-Friend or Acquaintance?</u> Relationships. <u>L4 – What Would I Do?</u> Being yourself, British	<u>Autumn 1</u> <u>Me and My Relationships</u> <u>L2 L3 – Ok or Not Ok? Part 1 and Part 2</u> Respect relationships. Being yourself, self- esteem, bullying , friendship, respect, relationships <u>L4 – Human Machines</u> Respectful relationships <u>L5 – Different Feelings</u> British values, respect. <u>Autumn 2</u> <u>Valuing Difference</u> <u>L1 – Can You Sort It?</u> Respect, <u>L3-Friend or Acquaintance?</u> Achievement, being yourself, self-esteem. <u>L4 – What Would I Do?</u> Being yourself, British values.

	<u>L4 – What Would I Do?</u> British values, bullying, diversity. <u>L5-The People We Share Our World With.</u> Being different, British values, citizenship, community, diversity, racism, respect, tolerance. <u>L6- That is such a stereotype!</u> Diversity, identity, prejudice. <u>Spring 1</u> <u>Keeping Myself Safe</u> <u>L7- Raisin Challenge (2)</u> Prejudice, tolerance. <u>Spring 2</u> <u>Rights and Responsibilities</u> <u>L2-It's Your Right</u> British values <u>L3-How Do We Make A Difference?</u> British values, respect. <u>Summer 1 – Being My Best</u> <u>L1 – What Makes Me</u> British values, diversity, respect, tolerance. <u>L2 – Making Choices</u> Diversity, respect. <u>L6 – Together</u> Diversity.	<u>L4 – What Would I Do?</u> Being yourself, British values, self-esteem, relationships. <u>L5-The People We Share Our World With.</u> Being different, British values, homophobic bullying, Identity,, respect. <u>L6- That is such a stereotype!</u> Identity, prejudice, respect, stereotypes, LGBT+. <u>L7- Raisin Challenge (2)</u> Being yourself, relationships. <u>Spring 2</u> <u>Rights and Responsibilities</u> <u>L2-It's Your Right</u> British values <u>L3-How Do We Make A Difference?</u> British values, respect. <u>Summer 1 – Being My Best</u> <u>L1 – What Makes Me</u> British values, diversity, respect, tolerance. <u>L2 – Making Choices</u> Respect. <u>L6 – Together</u> Being yourself, diversity, LGBT+, relationships, sexual orientation.	caring, friendship, respect, tolerance, relationships. <u>L4 – What Would I Do?</u> Being yourself, British values, self-esteem, bullying, conflict resolution. <u>L5-The People We Share Our World With.</u> Homophobic bullying. <u>L6- That is such a stereotype!</u> Being yourself, self-esteem, Identity, prejudice, respect, stereotypes. <u>L3 – How Dare You!</u> Assertiveness self-esteem, bullying, conflict resolution, standing up for yourself. <u>L6-Keeping Ourselves Safe</u> Assertiveness self-esteem, bullying, conflict resolution, standing up for yourself. <u>L7- Raisin Challenge (2)</u> Assertiveness, being yourself, self-esteem, bullying, prejudice, standing up for yourself, support networks, relationships. <u>Spring 2</u> <u>Rights and Responsibilities</u> <u>L2-It's Your Right</u> British values <u>L5-Safety In Numbers</u> Bullying, conflict resolution, falling out. <u>Summer 1 – Being My Best</u> <u>L1 – What Makes Me</u> British values, diversity,	Values. <u>L5-The People We Share Our World With.</u> Gender. <u>L6- That is such a stereotype!</u> Stereotypes, gender. <u>Spring 2</u> <u>Rights and Responsibilities</u> <u>L2-It's Your Right</u> British values <u>L3-How Do We Make A Difference?</u> British values, respect. <u>Summer 1 – Being My Best</u> <u>L1 – What Makes Me</u> Respect, tolerance. <u>L6 – Together</u> Being yourself.	<u>L5-The People We Share Our World With.</u> Identity. <u>L6- That is such a stereotype!</u> Identity, respect. <u>Spring 2</u> <u>Rights and Responsibilities</u> <u>L2-It's Your Right</u> British values <u>L3-How Do We Make A Difference?</u> British values, respect. <u>Summer 1 – Being My Best</u> <u>L1 – What Makes Me</u> Respect. <u>L6 – Together</u> Being yourself.
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			respect, tolerance. L2 – Making Choices Diversity, respect. Summer 2 Growing And Changing L3 – Secret or Surprise. Assertiveness, conflict resolution. L6 – Together Being yourself, diversity, LGBT+, relationships, sexual orientation.		
Year 5	Autumn 2 Valuing Difference L2-Kind Conversations British values, respect, tolerance. L3 – Happy Being Me Prejudice, racism, discrimination L4 – Land of the Red People British values, diversity, racism, tolerance Summer 2 Growing and Changing L9 – Stop, Start, Stereotypes Identity, prejudice, diversity.	Autumn 2 Valuing Difference L2-Kind Conversations British values, respect, tolerance. L3 – Happy Being Me Being yourself, prejudice, respect L4 – Land of the Red People British values respect, tolerance L5 – Is it True? Self-esteem, standing up for yourself, LGBT+ L9 – Stop, Start, Stereotypes Identity, prejudice, respect, LGBT+ , gender	Autumn 2 Valuing Difference L3 – Happy Being Me Respect, rights L5 – Is it True? Self-esteem, standing up for yourself, LGBT+ Spring1 Keeping Myself Self L3- Spot Bullying Bullying, conflict, resolution, peer pressure L4- Ella's Diary Dilemma Assertiveness, self-esteem, bullying, conflict resolution, peer pressure, standing up for yourself Summer 2 Growing and Changing L1 – How are they feeling? Self-esteem, bullying, mental Health L2 – Take notice of our feelings	Autumn 2 Valuing Difference L3 – Happy Being Me Respect, rights L5 – Is it True? LGBT+ Gender Summer 2 Growing and Changing L9 – Stop, Start, Stereotypes Gender stereotypes.	Summer 2 Growing and Changing L9 – Stop, Start, Stereotypes Identity, stereotypes

Year 6

			Bullying		
	Autumn 1 Me and My Relationships L7 – Don't Force Me Diversity Autumn 2 Valuing Difference L1 – Ok To be Different Being different, British values, self-esteem, bullying, diversity, respect, tolerance. L2 – We Have More In Common Than Not Diversity, identity, stereotypes. L3 – Respecting Differences British values, diversity, respect , tolerance L4 – Tolerance and Respect British values, caring, diversity, identity, prejudice, racism, respect, stereotypes, tolerance, discrimination.	Autumn 1 Me and My Relationships L7 – Don't Force Me LGBT+ civil partnerships Autumn 2 Valuing Difference L1 – Ok To be Different Being different, British values, self-esteem, bullying, diversity, respect, tolerance. L2 – We Have More In Common Than Not Being different, bullying, diversity, Identity, stereotypes, LGBT+ Keeping safe, sexual orientation, gender. L3 – Respecting Differences British values, diversity, respect , tolerance L4 – Tolerance and Respect British values, caring, diversity, identity, prejudice, racism, respect, stereotypes, tolerance, discrimination.	Autumn 1 Me and My Relationships L4-Assertiveness Skills Assertiveness, self-esteem, bullying L5 – Behave Yourself Bullying, conflict resolution. Autumn 2 Valuing Difference L1 – Ok To be Different Being different, British values, self-esteem, bullying, diversity, respect, tolerance. L2 – We Have More In Common Than Not Being different, bullying, diversity, Identity, stereotypes, LGBT+ Keeping safe, sexual orientation, gender. L3 – Respecting Differences British values, diversity, respect , tolerance L4 – Tolerance and Respect British values, caring, diversity, identity, prejudice, racism, respect, stereotypes, tolerance, discrimination. Spring 1 Keeping Myself Safe L3 – To Share or not to Share. Bullying Summer 2 Growing and Changing L4 – Pressure Online. Bullying	Autumn 1 Me and My Relationships L7 – Don't Force Me Arranged Marriage, civil partnerships, marriage L8 – Acting Appropriately Body parts, FGM, safeguarding, consent, Inappropriate touch, FGM Autumn 2 Valuing Difference L1 – Ok To be Different Being different, British values, self-esteem, bullying, diversity, respect, tolerance. L2 – We Have More In Common Than Not Being different, bullying, diversity, Identity, stereotypes. L3 – Respecting Differences British values, diversity, respect , tolerance L4 – Tolerance and Respect British values, caring, diversity, identity, prejudice, racism, respect, stereotypes, tolerance, discrimination. Summer 2 Growing and Changing L2 – I Look Great Body image. L3- Media Manipulation Body image, stereotypes.	

				<u>L3- Media Manipulation</u> Gender, stereotypes,	
ARP	<u>Evolve Curriculum Year B Autumn 1</u> <u>Me and My Relationships</u> <u>Yr 1 – L7: How are you listening?</u> The importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs. <u>Spring 1</u> <u>Keeping Myself Safe</u> <u>Autumn 2</u> <u>Valuing Difference</u> <u>L1 – Same or Different.</u> Being yourself, British values, respect, talents, tolerance. <u>L5 – It's not Fair.</u> British values, caring, respect, rules and laws tolerance. <u>L1 – My Ideal Classroom</u> British values, respect. <u>Autumn 2</u> <u>Valuing Difference</u> <u>L1 – What Makes Us Who We Are.</u> Diversity, tolerance	<u>Evolve Curriculum Year B Autumn 1</u> <u>Me and My Relationships.</u> <u>Yr 1 – L7: How are you listening?</u> The importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs. <u>Autumn 2</u> <u>Valuing Difference</u> <u>L1 – Same or Different.</u> Being yourself, British values, respect, talents, tolerance. <u>L5 – It's not Fair.</u> British values, bullying, caring, respect, <u>Spring 1</u> <u>Keeping Myself Safe</u> <u>L3- Who Can Help?</u> Feelings, resilience.	<u>Evolve Curriculum Year B Autumn 1</u> <u>Me and My Relationships.</u> <u>Yr 1 – L7: How are you listening?</u> The importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs. <u>Autumn 2</u> <u>Valuing Difference</u> <u>L1 – Same or Different.</u> Being yourself, British values, respect, talents, tolerance. <u>L2 – Unkind, Tease or Bully.</u> Bullying. <u>L5 – It's not Fair.</u> British values, bullying, caring, respect, rules and laws tolerance. <u>Autumn 1</u> <u>Me and My Relationships</u> <u>L5 – Don't Do That</u> Bullying <u>L6 – Types of Bullying</u> Bullying <u>Autumn 2</u>	<u>Evolve Curriculum Year B Autumn 1</u> <u>Me and My Relationships.</u> <u>Yr 1 – L7: How are you listening?</u> The importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs. <u>Autumn 2</u> <u>Valuing Difference</u> <u>L1 – Same or Different.</u> Being yourself, British values, respect, talents, tolerance. <u>L5 – It's not Fair.</u> British values, caring, respect, <u>Autumn 2</u> <u>Valuing Difference</u> <u>L1 – What Makes Us Who We Are.</u> Diversity, tolerance <u>L4 - When Someone is Feeling left out.</u> British Values Self-esteem Caring Community Diversity Emotional needs Feelings Friendship Respect Support networks Teamwork Tolerance Responsibility Relationships	<u>Evolve Curriculum Year B Autumn 1</u> <u>Me and My Relationships.</u> <u>Yr 1 – L7: How are you listening?</u> The importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs. <u>Autumn 2</u> <u>Valuing Difference</u> <u>L1 – Same or Different.</u> Being yourself, British values, respect, talents, tolerance. <u>L5 – It's not Fair</u> Caring, respect. <u>Autumn 2</u> <u>Valuing Difference</u> <u>L1 – What Makes Us Who We Are.</u> Diversity, tolerance <u>L4 - When Someone is Feeling left out.</u> British Values Self-esteem Caring Community Diversity Emotional needs Feelings Friendship Respect Support networks Teamwork Tolerance Responsibility Relationships

	<u>L4 - When Someone is Feeling left out.</u> British Values Self-esteem Caring Community Diversity Emotional needs Feelings Friendship Respect Support networks Teamwork Tolerance Responsibility Relationships Emotions <u>Spring 2</u> <u>Rights and Responsibilities</u> <u>L3 – Taking Care of Something.</u> British Values. <u>Summer 2</u> <u>Growing and Changing</u> <u>Evolve Year B - Year 2</u> <u>SCARF</u> <u>Autumn 1</u> <u>Me and My Relationships</u> <u>Autumn 2</u> <u>Valuing Difference</u>		<u>Valuing Difference</u> <u>L1 – What Makes Us Who We Are.</u> Diversity, tolerance <u>L4 - When Someone is Feeling left out.</u> British Values Self-esteem Caring Community Diversity Emotional needs Feelings Friendship Respect Support networks Teamwork Tolerance Responsibility Relationships Emotions <u>Keeping Myself Safe</u> <u>L3- Who Can Help?</u> Feelings, resilience. <u>Evolve Year B - Year 2</u> <u>SCARF</u> <u>Autumn 1</u> <u>Me and My Relationships</u> <u>L4- Bully or Teasing</u> Bullying	ships Emotions <u>Keeping Myself Safe</u> <u>L3- Who Can Help?</u> Feelings, resilience.	<u>Keeping Myself Safe</u> <u>L3- Who Can Help?</u> Feelings, resilience.
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