

PICKHURST ACADEMY

Personal Development at Pickhurst

WHERE EVERY CHILD COUNTS

OUR CORE VALUES

We want all of our children to BE **P.I.C.K.H.U.R.S.T**

Proud

Inquisitive

Confident

Kind

Healthy

Understanding

Respectful

Successful

Trustworthy

Personal Development Curriculum Opportunities

Intent

- Raise the profile of a healthy and active lifestyle for all pupils as well as encouraging all pupils to keep themselves physically and mentally healthy.

Implementation

- Group of children trained as Mental Health ambassadors. Identified on the playground with their yellow armbands.
- Weekly mile administered across the school.
- Zones of regulations across all year groups.
- Healthy tips displayed on all classroom doors.
- Healthy Bingo
- Junior Travel Ambassadors (JTA) promote active travel to school through use of assemblies, posters and Smart Movers
- Healthy options for lunch, and healthy snacks for breaktime are encouraged.
- Mindfulness club and Listening Ear sessions at lunchtimes
- Monday & Friday Mindfulness sessions timetabled in class for after lunch.
- Pickhurst Core Values where badges are awarded for those who have completed their Pickhurst Passport. Children are motivated to get involved.
- One of the Pickhurst core values is Healthy. We celebrate children by issuing merits in their Pickhurst passports for encouraging healthy habits.
- After school clubs chosen through use of pupil voice.
- Pupils are encouraged to travel to school either by foot or other methods such as cycling either on a bike or a scooter. A lockable bike shed for children to act as an incentive.

Impact

- Pupils know who they can go to on the playground when they need support or some time out.
- Pupils have strategies which they use both in the classroom and on the playground to help them with self-regulation (ZoR) when needed.
- Children recognise what constitutes a healthy and balanced diet.
- Children are entering borough sports competitions raising the profile of Pickhurst within the local community.
- The issuing of Pickhurst badges for completing their Pickhurst Passports showcases pupils taking pride and ownership.
- Children are proud to be Pickhurst.
- More children are using a variety of ways to travel to school, avoiding the use of cars helping to create a healthier a lifestyle.

Design and implement a curriculum that goes beyond academic, vocational or technical and provides for pupils' broader development.	- Careers Week – Week beginning 7th March. Wider community invited into school to share vocations and career paths. - DT curriculum provides children with the opportunities to develop the skills needed in their everyday life. - P4C/Citizenship enables children to use their critical thinking skills to develop their growth mindset. - Through Eco school children are learning about how to protect their environment and create opportunities to share information to the school and wider community. - External PE providers invited into school throughout the year to offer CPD for teachers, offering opportunities for lesser known sports such as lacrosse. - English curriculum addresses global/world issues through writing outcomes and discussion arising from text focus. - All year groups visit a different place of worship in the summer term. - Enrichment Days – For example, Ancient Egyptian, Roman Britain. Workshops. - Range of clubs at lunchtime on offer such as Choir and Scratch. - Young Voices performance at the O2 Arena. - Year 6 Residential Trip to Norfolk for 5 days.	- Pupils are motivated and inspired for life after Pickhurst and beyond. - Children have a holistic outlook on their learning. - Pupil have a well-rounded knowledge of the world. - Children develop enriched experiences which help to influence them in their daily life as well as future plans. - Pupils develop resilience, independence and teamwork skills.
Our curriculum supports confidence, resilience, independence and strength of character for all pupils.	- Well planned and structured PSHE lessons provide children with the skills they need to flourish in the wider community whilst also encouraging a growth mindset and assertion skills. - PSHE addresses issues that are prevalent in the local area and linked to situations that arise at school. - Our Pickhurst core values support the development of children's positive attitudes in life. - Calm corner in every class and a sensory room for the whole school. - Personalised targets set with pupils input in core subjects for all children so they can work on specific areas. - Homework Heros – incentive to encourage pupils to be independent when completing homework whilst also celebrating those who go above and beyond the desired. - Children self-mark in Maths. - Pupils answering reflective questions in books.	- Children are well rounded individuals who go onto be successful in the next steps in their life, developing and consolidating independence, confidence and resilience helping all students when moving onto secondary school. - Pupils are able to confidently recognise and manage their emotions. - Children become lifelong learners and have developed a greater confidence in all areas of life whilst also feeling comfortable to challenge and stretch themselves further.
Opportunities provided for to nurture, develop and stretch pupils' talents and interests	- Lion King trip for the whole school. PP children funded for. - Explore Learning workshops to enable all children to be stretched and develop resilience when solving a problem/investigation. - Subject Ambassadors to nurture and develop subject interests and showcase to whole school	- Provides children with cultural capital. - Children know that their interest and abilities are valued and recognised - Opportunities provided help pupils to excel in an interest and professional examples.

	- Eco-warriors leading on Earth Day - Bromley Youth Music Trust (BYMT) conduct music lessons - Pantomime trip, Young Voices at the O2, choir and music assemblies provide children with an opportunity to enrich their experience of the arts. - Wide range of extra-curricular clubs offered to children to enhance interest, abilities and skills. (clubs include: cooking, sewing, pottery, jujitsu, football, netball, hockey, multi-sports, science, dance, choir) - Pupil parliament trained as Mental Health Ambassadors.	- Children are confident to express themselves and are reaching their full potential. - Children are passionate about the environment and opportunities are available for children to make a difference.
To prepare pupils for life in modern Britain effectively, developing an understanding of the rule of law, individual liberty, democracy and mutual respect and tolerance.	- School Council elections at the beginning of the year. - British values are embedded in classrooms and discussed in assemblies. - Children have fortnightly Citizenship lessons teaching them about the British Values alternating with Philosophy for Children (P4C). - PSHE lessons based on rights, law and duties. - Pickhurst Passport promoting core values - Highlighting the historic impact of the monarchy through Jubilee celebrations. - Motivational Monday assemblies addressing and teaching core value of the month. - Wise Wednesday assemblies based on fables with morals discussed. - Pupil Parliament elected by children in Year 6. - Exposure to texts in English lessons prepare children for world issues and becoming empathetic citizens.	- Children understand voting and democracy. - Promotes British Values across the school. - The children are made aware and proud of their heritage. - Children are keen to display key values and know why they are important.
Continuously and actively promote equality of opportunity and diversity effectively.	- PSHE curriculum enforces equality and diversity across the school. - MFL curriculum celebrates multi-culturalism and differences within Pickhurst community. - Music – composer of the month celebrates composers from all backgrounds. - Children from the ARP are taught with children from the mainstream as well as at lunch and immersive days which demonstrates inclusivity. Including: PE, Art, Maths, Humanities, Computing, French and Music. - Multicultural evening (Summer Term) stakeholders exposed to each other's cultures, religions and backgrounds. - Careers Week – Week Beginning 7th March - Black History Week (October) - Pride Month (June) - Deaf Awareness Week (May) - Autism Awareness (display in main school).	- Children are tolerant and respectful of each other's differences and beliefs. - Pupils recognise differences and do not see them as a barrier, but are accepting of differences and are able to work with children with different needs. - Children are exposed to diversity within their community and are able to support and celebrate differences. - Children challenge stereotypes and have an understanding of roles in society. - Inclusive environment created.

• Pupils to engage with views and beliefs and opinions that are different from their own whilst also showing respect and consideration.	• RE curriculum explores different religions, cultures and beliefs. Lessons encourage children to reflect on their own beliefs/opinions as well as others. • Citizenship/P4C creates opportunities for all pupils to hear from each other as well as to broaden their knowledge and understanding. • Cultural Capital questions in PE shared with children. • Healthy debates encouraged as part of the curriculum. • PSHE lessons explore a range of views and openly encourage children to discuss these in a respectful and collaborative way.	• Through adapted RE curriculum to suit wider community, children are tolerant and respectful of each other's beliefs. • Pupils listen and respond to others that have a different opinion to their own and challenge other's ideas respectfully.
• Promoting meaningful opportunities to understand how to be a responsible, respectful and active citizens contributing positively to society.	• School Council • Pupil Parliament - Head Pupils, Prefects, House Captains • Mental Health Ambassadors • Subject Ambassadors • Weekly Citizenship and Philosophy for Children lessons (alternate weeks) • Eco-warriors collect paper every week and litter pick in the playground to demonstrate their responsibility. • Kitchen staff recycle food in the compost bins. • JTA conduct assemblies and promote ways to be an active citizen. • Charity days • Individual and bespoke Roles/Responsibilities within each class. • Year 4 Prefects	• Children provided with the skills and knowledge needed to achieve set goals in real life. • Pupils demonstrate and model citizenship and can discuss improvements in the school and the positive impact that has been made. • Children take ownership of their own behaviour, demonstrating core values both inside and outside of school, becoming responsible and respectful; citizens. • Pupils are provided with the skills and knowledge needed to achieve set goals in real life and can utilise these skills independently.