



Forest School Curriculum – Term 5 & Term 6

Target Group: Primary (KS2) | Format: Weekly 1–2-hour sessions | Approach: Child-led outdoor learning

Term 5 – Connection, Growth & Skills

Focus	Key Activities	Skills Developed
Seasonal Awareness	Nature walks, sensory exploration	Observation, vocabulary
Tool Safety	Whittling, safe tool handling	Fine motor skills, risk awareness
Plant Life & Habitats	Plant ID, seed planting, bug hotels	Ecology, care for nature
Shelter & Fire Intro	Den building, fire safety principles	Teamwork, responsibility
Creative Reflection	Outdoor art, journals, group reflection	Creativity, self-awareness

Term 6 – Independence, Confidence & Community

Focus	Key Activities	Skills Developed
Advanced Skills	Saw use, shelter refinement	Independence, coordination
Fire & Cooking	Fire lighting, outdoor food prep	Practical life skills
Navigation & STEM	Mapping, water play, problem solving	Spatial awareness, curiosity
Conservation	Litter picks, site care	Citizenship, stewardship
Celebration	Campfire reflection, certificates	Confidence, community

Expected Outcomes

- Improved resilience, wellbeing, and emotional regulation
- Strong teamwork, communication, and leadership skills
- Increased confidence and independence
- Deeper connection to nature and sustainability