



Pickhurst Academy
Pickhurst Lane, West Wickham, Kent, BR4 0HL
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15th September 2026

Dear Parents/Carers,

This Autumn Term your children will have the opportunity to participate in Life Education and Anti-Bullying Workshops.

Anti-Bullying workshops and theatre show will take place on **Wednesday 18th November 2026 and Thursday 19th November 2026.**

Children will learn the difference between conflicts and bullying, including the concept of a power imbalance. They will reflect on the emotional impact of bullying and explore how empathy can help us support others.

Our Life Education sessions will take place from **Monday 7th to Friday 11th December 2026.**

The age-specific workshops are designed to be fun, engaging and memorable. They aim to support children in the acquisition of decision-making skills regarding their physical and mental health and in building their self-esteem. All programmes link with and support Health and Relationships Education plus PSHE and the National Curriculum.

The total cost for the Anti-Bullying workshops and Life Education sessions will be £6.00 per child, £3.00 per child if you are eligible for PPG. Payment can be made on Arbor.

Yours Sincerely,

Miss D'Costa

Miss D'Costa
Assistant Head Teacher
PSHE Lead

Executive Headteacher: Mrs A Rampton

Pickhurst Academy is part of Chancery Education Trust

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Pickhurst Academy is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

